



# RACEBOOK

12<sup>th</sup> 13<sup>th</sup> NOV. 2016

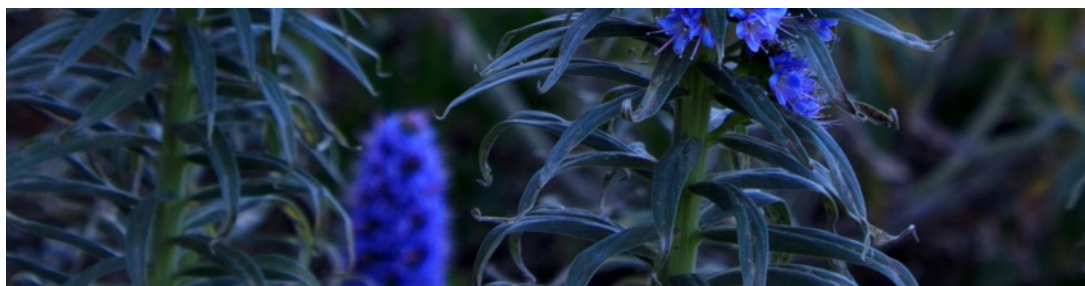
CALHETA — MADEIRA



ASSOCIAÇÃO DE  
CICLISMO  
DA MADEIRA



*Bikulture*



## ABOUT

### LOCATION

Prazeres – Calheta, Madeira Island

The mountains above the village of Calheta hide a secular heritage that the strength of Man and Nature carved.

The trail system that is now used for the practice of mountain biking, dates back to times when only shepherds and cattle regularly inhabited those mountains and the modern ways of transport have now thrown it into oblivion and neglect.

Nowadays, images of these trails that meander through the gentle, sunny hills of Calheta, are shared around the world and bring enthusiasts to the region every day, going from anonymity to world fame!

The area suffered a devastating fire last August.

Doubters and nay-sayers thought about canceling the event, or moving it to another area of Madeira. However, after the permission of IFCN (Institute for Forests and Conservation of Nature) we decided not to leave the trails that gave us so many joys and stories.

It will be an event in memory of Sandokan, the trail that gave its name to the race but this year, for the first time, doesn't feature in the route. In memory of the centennial heathers reduced to ashes, the toboggans now charred ...

After the fire came the heavy rains, that dragged earth and stones, washing the open wounds, now more visible.

It was an intense work to recover the trails, helped by people who are with us from day one and others that joined us on a mission to give back to the community the trails of Prazeres.

Green color is already gradually returning, whereas in some areas, decades will be needed for the vegetation to grow back.

The trails that have been recovered are ready to receive you. More stories will be written, more smiles after the sadness. Sandokan is on!

## THE RACE

Sandokan Enduro is for the second consecutive year part of two different trophies, the Madeira Regional Series and the Atlantic Enduro.

The race consists of 5 Special Stages (=PECs), for a total length of 32km, 1645m descending and 1350m climbing.

With enrollment limited to 120 participants (already sold out), we have 6 nationalities represented in 7 categories:

Elite Men; Women; Junior Men; Cadets Men, Masters 30, 40 and 50 Men.

# SCHEDULE

## November 11, Friday

14:00 – 20:00 – Accreditation

*Engenhos da Calheta, opposite City Hall, a bit higher the street*

18:00 – 20:00 – Welcome Poncha (local drink)

*Engenhos da Calheta*

## November 12, Saturday

09:00 – 14:00 – Accreditation

*Engenhos da Calheta opposite City Hall, a bit higher the street*

10:00 – 11:00 – Reforestation action on the Sandokan trail with IFCN IP-RAM

*One athlete, one plant. A memorial to Sandokan - We count on you!*

10:30 – 18:00 – Free training

*One pass per stage. You can stop and examine/repeat technical sections, without hindering the training of other athletes*

**At 9:00 a transport from Calheta leaves for Fonte do Bispo (top of the mountain). Cost: 2.5€ pp.**

12:30 – 14:30 – Typical Lunch (Restaurante Prazeres Rurais)

*Traditional pasta meal (Macarronada) with typical bread and drinks for 6.5€. For those present at lunch, the organization offers a shuttle back up to Fonte do Bispo (top of the mountain).*

## November 13, Sunday

08:00 – 08:30 – Briefing

*In front of the City Hall of Calheta*

08:45 – Departure of the first transport toward the start

*Marginal Parking, just below.*

09:30 – First athlete on course

*Start Order: Master50; Master40; Master30; Cadet; Junior; Women; Elite*

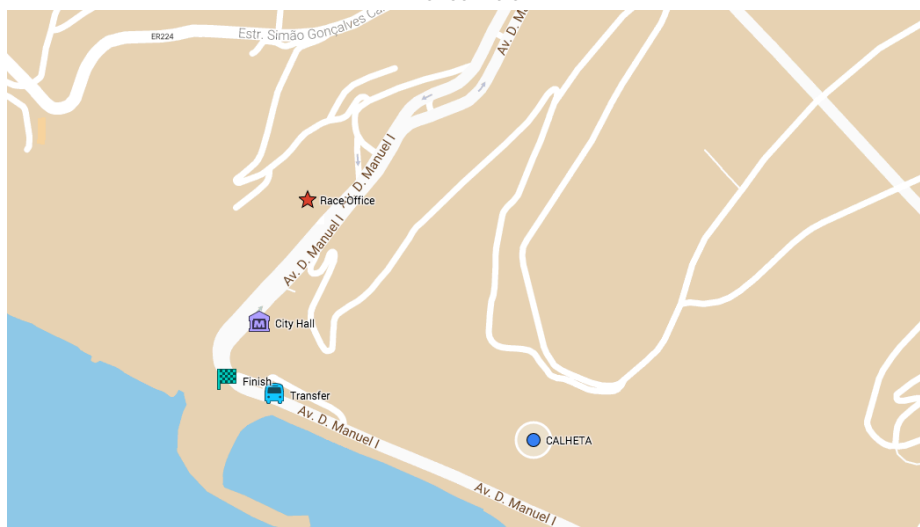
15:30 – Estimated arrival of the last athlete

16:00 – Podium Ceremony

*Bar da Praia, by the beach, below City Hall.*

17:00 – Afterparty...

*Bar da Praia*





## TRAINING

The trainings are restricted to Saturday, at the times stipulated by the organization and ONE pass per stage. You can stop and examine/repeat technical sections, without hindering the training of other athletes.

No training is allowed in the week before the race (From Sunday November 6, 0:00 till Saturday November 12, 10:30). However athletes can do reconnaissance on foot.

Failure to follow these rules will result in disqualification of the athlete.

## RACE DYNAMICS

After the briefing, athletes go to the shuttles, departing for Fonte do Bispo (top of the mountain). At 09:30, the first athlete leaves to the first stage.

## START

Athletes start separated by a 30 seconds gap, except for the Top10 of Elites and Masters 30, separated by a 60 seconds gap.

The order of the categories: Masters 50; Masters 40; Masters 30; Cadets; Juniors; Women; Elites.

In between the categories will be a gap of a few minutes, defined by the organization.

The starting order list is the organization's responsibility and takes into account the various rankings and history of athletes present.

Athletes interested in changing this order, can do so by informing the organization, who will decide at the start (always inferior to the established ranking place).

## DELAYS

In case of late arrival at a stage, please present yourself to the commissary, and wait to be given a new starting spot.

The penalties are explained in the additional rule book specific to the race.

If the transfer time is exceeded for reasons beyond the athlete, the penalty does not apply.

## FEEDING ZONE

The race provides two feeding zones, one at the start, and one at the foot of Pico Gordo.

Athletes go through one of these zones during each transfer.

There will be available: fruits; water; isotonic drink; gels and energy bars from Bioforma®.

First aid

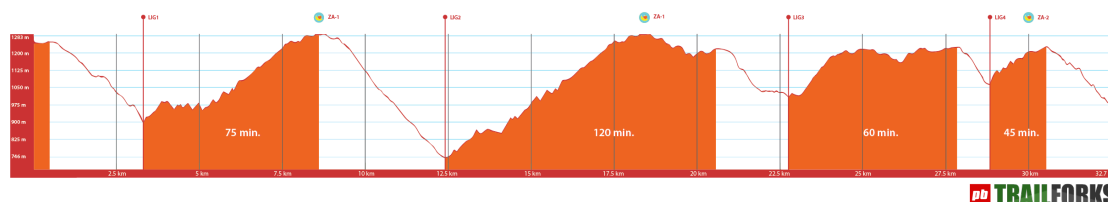
Bike stand and some tools for emergency repairs.

Note: It is not allowed to drop off any type of equipment, food or drink in this area. Be autonomous!

# TRANSFERS

The transfer times are counted from the end of a Special Stage till the beginning of the next. There will not be any kind of neutralization, athletes must manage these given times over the whole day.

During transfers on the road, it is mandatory to respect the traffic rules, and wear a helmet.



## TRANSFER 1

**75 min** **6,2Km** **363772**↘

From the end of FOX TRAIL, follow the dirt road to the ER210. Then go up the road to the intersection of Fonte do Bispo where the Feed Zone 1 is located (ZA-1). Take the ER110 direction Rabaçal (East) and ride down to the gate to access PEC2 - BACK TO BLACK

## TRANSFER 2

**120min** **8,3Km** **560786**↘

PEC2 ends on the ER210. You must climb back to the start at the top, turn right to the intersection of ER110, then to the east in the same direction as the previous transfer, pass PEC2 and continue for another 1.5km to the gate of PEC3 - HUNTERS.

## TRANSFER 3

**60min** **5,5Km** **260763**↘

The first part of this transfer is on a flat dirt road, then climbs up (with some steep parts) back to the ER110 road. At the top, turn right/east again, till Pico Gordo and Feeding Zone 2. A bit further starts PEC4 - ROLLIN 'STONES.

## TRANSFER 4

**45min** **1,7Km** **162730**↘

Climb the dirt road back to Pico Gordo and Feeding Zone 2. Reach the start of PEC5 - CABEÇAS going up on the grassy hill.

## FINAL TRANSFER

**60min** **985**↘

At the end of PEC5 - CABEÇAS, follow the dirt road till you reach the road with the BBQ area. Cross over, following the PR towards the entrance of the Rabaçal tunnel. Careful, this part is shared with hikers.

Continue the transfer along the levada and by catching the PIPELINE trail.

WARNING: PIPELINE hasn't been restored, proceed with caution, don't push too hard (the race is over!).

At the house of the keepers of the levada, ride down through alleys and municipal roads to reach the village of Calheta.

The arrival is at Bar da Praia, the beach bar, right below the morning start.

The final transfer time limit should be respected in order to expedite the release of the race results. Failure to comply to this limit will have to be justified to the race organization. Make sure to return your timing chip before you enjoy a drink with your mates!



# SPECIAL STAGES

The five "PECs" (= timed Special Stages) are characterized by a diversity of terrain, vegetation and landscapes. The trails are exclusively descending, and lots of them follow ridges, used by shepherds to reach the high mountains. They all face South, and at the end of the day, you will witness the magic happen!




## SANDOKAN - In memoriam

1700m

10↗200↘

### THE SPECIAL ONE

The PEC which gives its name to the event, runs from the top of the hill with lush meadows, and wet and slippery "toboggans". The constant light and terrain changes are a challenge in themselves and make us think how 1700m can be so fun!

Unfortunately it will not be on the menu of this edition. It's a shame, but also a serious warning. The natural resources are fragile and the balance between the enjoyment and preservation, demanding.

Nothing is guaranteed, nothing is eternal.

Thanks, Sandokan, for the inspiration. See you next year!

## PEC 1 - FOX TRAIL

2510m

6↗296↘

### THE SURVIVOR.

The only PEC that has not been affected at all by the fires, remains one of the most demanding. It can always be slippery, even on sunny days, so be careful!

## PEC 2 - BACK TO BLACK

2800m

0↗494↘

### THE FAMOUS x2.

For many, the best (and most fun) stage of last year, this time the challenge is doubled! The upper half has been recovered. With the destruction of the fire came the opportunity to recover the old trail that was overrun by gorse and bramble. Where there was once a transfer on dirt road, we have now a stage, top to bottom! Epic rock gardens and fast flowy gulleys await you, before reaching the mythical DH track in the eucalyptus forest.

## PEC 3 - HUNTERS

1180m

0↗171↘

### STILL BEAUTIFUL

Nicknamed "BEAUTIFUL" in the previous edition, it was severely affected by the fire ...

However the initial flow, open view to the sea and its rock gardens make us forget for a moment the charred heathers wrapping the trail. It's beautiful, anyway!

## PEC 4 - ROLLIN' STONES

800m

0↗123↘

### THE SURPRISE

Initially thought of as an extension at the top of CABEÇAS, we quickly found that it had the potential to be its own stage. It is short but intense. Technical and fun!

## PEC 5 - CABEÇAS

2400m

0↗290↘

### THE MYTHICAL

Part of Sandokan since the first edition. New this year is a section of singletrack, kindly built by cows.

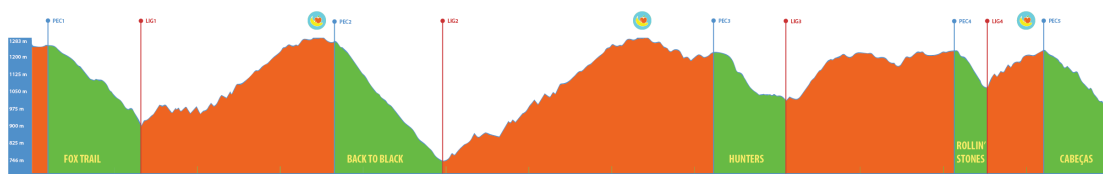
The start is in the open grass, and one must pass between the gates marked in the ground.

It then joins the old trail, that is very rocky.

## MAP

An interactive and zoomable map and altitude profile of the event can be found here:

<http://www.trailforks.com/route/sandokan-enduro-2016/>



## CONTACTS

### RACE DIRECTOR

Ricardo Pinto

[contact@sandokan-enduro.org](mailto:contact@sandokan-enduro.org)

+351 963 257 204

### RACE OFFICE – ACMADEIRA

[www.acmadeira.pt](http://www.acmadeira.pt)

[geral@acmadeira.pt](mailto:geral@acmadeira.pt)

+351 962 532 941

### BIKULTURE

Jérémy Froty

[www.bikulture.com](http://www.bikulture.com)

[contact@bikulture.com](mailto:contact@bikulture.com)

### PRESIDENT OF COLLEGE OF COMMISSARIES

José Carlos Silva

[zecvsilva@gmail.com](mailto:zecvsilva@gmail.com)

### CHIEF OF RESCUERS

JRFN

Reginaldo Nascimento

+351 965 967 453